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| **Week 2****w/c 30/01/2023** | **Monday 30 January** | **Tuesday 31 January**  | **Wednesday 1 February**  | **Thursday 2 February**  | **Friday 3 February**  |
| **Main Choice 1** |  **Beef Curry**Tomato based beef curry cooked in herbs and spices served with rice and poppadom’s  | **Chicken Chow Mein** Chicken Chow Mein cooked with soy sauce and served with prawn crackers | **Roast Gammon**Honey roasted gammon served with fresh roast potatoes, seasonal vegetables and fresh gravy | **Meaty and Veggie Pizza** Margherita or Pepperoni pizza served with potato wedges and salad  | **Jumbo Fish Fingers**Served with chips andgarden peas |
| **Main Choice 2** | **Vegetable Curry**Tomato based vegetable curry cooked in herbs and spices served with rice and poppadom’s | **Vegetable Chow Mein** Vegetable Chow Mein cooked with soy sauce and served with prawn crackers | **Quorn Sausage Roll**Quorn Sausage wrapped in short crust pastry served with fresh roast potatoes, gravy and seasonal vegetables | **Vegan and Gluten Free** Pizzas also available  | **Cheese Wrap** A warm cheese wrap served with chips, garden peas and ketchup |
| **Jacket Potato** | **Jacket Potato**served with a choice of Tuna, Baked Beans,Cheese or Ham | **Jacket Potato**served with a choice of Tuna, Baked Beans,Cheese or Ham | **Jacket Potato**served with a choice of Tuna, Baked Beans,Cheese or Ham | **Jacket Potato**served with a choice of Tuna, Baked Beans,Cheese or Ham | **Jacket Potato**served with a choice of Tuna, Baked Beans,Cheese or Ham |
| **Salads & Vegetables** | All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables. |
| **Desserts** | A selection of cut and whole fruit, jelly and yogurts are available daily. On Tuesdays and Thursdays, a sweet treat will also be offered. |